

## **Packing for your expedition:**

Dry bags and metal containers are provided for your personal gear.  
If you bring your own camping gear; the additional bag will be provided.

PLEASE DO NOT OVERPACK

### **Clothing**

- Pair of shorts
- Long pants – quick drying
- Short sleeve shirts
- Long sleeve shirt for sun protection
- Swimsuit
- Light jacket
- Fleece jacket and sweater (spring and fall)
- Socks, underwear
- Tennis shoes
- Teva type sandals (no flip flops)
- Rain poncho or 2 piece rain suit

### **Personal**

- Hat with the visor and string tied on
- Sunglasses with safety strap
- Sunscreen and chap stick
- Flashlight (take extra batteries)
- Insect repellent
- Small towel, washcloth, biodegradable soap
- Toiletries, medicines
- Water bottle
- Camera and film
- Light gloves (to hold ropes on the raft)
- Day pack
- Soft drinks, beer, other drinks